Ramsey Road Runners - Round Norfolk Relay

Roll of Honour

1 - John McDonagh - 10years

Year	Stage	Start - Finish	Distance	Time	Pace*	
2002	1	Kings Lynn to Hunstanton	15.18m	2h 19m	9.12mpm	
2003	6	Cromer to Mundesley	5.89m	49min	8.23mpm	
2004		Support Team - Time	ekeeper			
2005		Support Team - Timekeeper				
2006	3	Burnham Overy to Wells	5.39m	46m	8.35mpm	
2007		Support Team - Time	ekeeper			
2008	3	Burnham Overy to Wells	5.39m	53min	9.45mpm	
2009	5	Salthouse to Cromer	8.61m	1h 33m	10.45mpm	
2010		Marshal at Wiveton Hall				
2011	Marshal at Wiveton Hall					

2 - Edek Rej - 12years

Year	Stage	Start - Finish	Distance	Time	Pace
2002	2	Hunstanton to Burnham Overy	12.25m	1h 37m	7.51mpm
2003	2	Hunstanton to Burnham Overy	12.25m	1h 41m	8.12mpm
2004	3	Burnham Overy to Wells	5.39m	42min	7.49mpm
2005	3	Burnham Overy to Wells	5.39m	44min	8.06mpm
2006	5	Salthouse to Cromer	8.61m	1h 20m	9.16mpm
2007	9	Horsey Mill to Gt Yarmouth	11.30m	1h 29m	7.54mpm
2008	2	Hunstanton to Burnham Overy	14.06m	2h 11m	9.17mpm
2009	3	Burnham Overy to Wells	5.39m	45min	8.21mpm
2010	4	Wells next the Sea to Cley(beach)	11.14m	1h 38m	8.48mpm
2011	4	Wells next the Sea to Cley(beach)	11.14m	1h 33m	8.22mpm
2012	4	Wells next the Sea to Cley(beach)	11.14m	1h 42m	9.09mpm
2013	4	Wells next the Sea to Cley(beach)	11.14m	1h 39m	8.51mpm

3 - Jonathon Baldwin

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	3	Burnham Overy to Wells	5.39m	52min	8.34mpm
2003	3	Burnham Overy to Wells	5.39m	58min	9.38mpm

4 - Graham Leonard

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	4	Wells to Salthouse	12.96m	1h 45m	9.08mpm
2003	4	Wells to Salthouse	12.96m	1h 54m	9.28mpm
2004	15	Southery to Downham Market	6.76m	57min	8.22mpm

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2005	Support Team		
2006	Support Team – Car Transfer		

<u> 5 - Margaret Leonard - 7years</u>

Year	Stage	Start - Finish	Distance	Time	Pace*		
2002	5	Salthouse to Cromer	12.96m	1h 45m	9.09mpm		
2003	5	Salthouse to Cromer	12.96m	1h 54m	9.28mpm		
2004	16	Downham Market to Stowbridge	6.76m	57min	9.18mpm		
2005	Support Team - Cycle cover						
2006		Support Team - Car T	ransfer				
2011		Support Team - Cycle cover					
2012		Support Team - Car Cover - Car Transfer					

<u>6 - Larry Rutledge</u>

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	6	Cromer to Mundesley	5.89m	54min	9.06mpm

7 - Phillip Dyke

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	7	Mundesley to Lessingham	9.95m	1h 28m	8.88mpm
2003	7	Mundesley to Lessingham	9.95m	1h 28m	8.49mpm
2004	6	Cromer to Mundesley	5.89m	53min	9.01mpm

8 - Simon Collins - 6years

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	8	Lessingham to Winterton	10.52m	1h 11m	6.44mpm
2003	1	Kings Lynn to Hunstanton	15.18m	1h 49m	7.09mpm
2004	14	Feltwell to Southery	7.07m	55min	7.09mpm
2005	5	Salthouse to Cromer	10.09m	1h 14m	7.18mpm
2006	17	Stowbridge to Kings Lynn	11.73m	1h 30m	7.39mpm
2007	17	Stowbridge to Kings Lynn	11.73m	1h 35m	8.07mpm

9 - Les Rennie - 6years

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	9	Winterton to Gt Yarmouth	8.30m	1h 06m	7.52mpm
2005	12	Scole to Thetford	18.37m	2h 48m	9.08mpm
2006	14	Feltwell to Wissington	8.80m	1h 12m	8.08mpm
2007	14	Feltwell to Wissington	8.80m	1h 09m	7.48mpm
2008	15	Wissington to Downham Market	7.20m	1h 02m	8.35mpm
2009	14	Feltwell to Wissington	8.80m	1h 13m	8.14mpm

<u> 10 - Katherine Rennie 5years</u>

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	10	Gt Yarmouth to Geldeston	15.08m	2h 00m	7.58mpm
2005	13	Thetford to Feltwell	13.98m	1h 51m	7.55mpm
2006	13	Thetford to Feltwell	13.98m	1h 53m	8.06mpm
2007	13	Thetford to Feltwell	13.98m	1h 45m	7.30mpm
2009	15	Wissington to Downham Market	7.20m	1h 01m	8.25mpm

11 - Dave Philpot 10years

Year	Stage	Start - Finish	Distance	Time	Pace*	
2002	11	Geldeston to Scole	20.20m	2h 20m	6.56mpm	
2003	11	Geldeston to Scole	20.20m	2h 17m	6.46mpm	
2004	2	Hunstanton to Burnham Overy	12.25m	1h 28m	6.49mpm	
2005	17	Stowbridge to Kings Lynn	11.63m	1h 18m	6.43mpm	
2006	1	Kings Lynn to Hunstanton	16.32m	2h 04m	7.36mpm	
2007	1	Kings Lynn to Hunstanton	16.32m	2h 00m	7.20mpm	
2009	2	Hunstanton to Burnham Overy	14.06m	1h 45m	7.29mpm	
2010		Marshal at Wiveto	n Hall			
2011		Marshal at Wiveton Hall				
2012	7	Mundesley to Lessingham	9.24m	1h 38m	7.75mpm	
2013	6	Cromer to Mundesley	7.90m	1h 05m	8.17mpm	

12 - Julian Griffiths - 6years

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	12	Scole to Thetford	17.77m	2h 04m	6.59mpm
2003	12	Scole to Thetford	17.77m	2h 01m	6.48mpm
2004	1	Kings Lynn to Hunstanton	15.66m	1h 50m	7.01mpm
2005	1	Kings Lynn to Hunstanton	16.32m	1h 53m	6.56mpm
2006	2	Hunstanton to Burnham Overy	14.06m	1h 40m	7.07mpm
2007	2	Hunstanton to Burnham Overy	14.06m	1h 36m	6.52mpm

13 - Steve Ankers - 10years

Year	Stage	Start - Finish	Distance	Time	Pace*
2002	13	Thetford to Feltwell	13.98m	1h 59m	8.33mpm
2003	9	Winterton to Gt Yarmouth	8.30m	1h 02m	7.31mpm
2004	5	Salthouse to Cromer	10.09m	1h 16m	7.33mpm
2005	10	Grt Yarmouth to Geldeston	15.08m	1h 58m	7.50mpm
2006	12	Scole to Thetford	18.37m	2h 41m	8.14mpm
2007	11	Geldeston to Scole	19.60m	2h 47m	8.31mpm
2008	10	Grt Yarmouth to Geldeston	15.08m	2h 48m	8.33mpm
2009	11	Geldeston to Scole	19.60m	2h 55m	8.55mpm
2010	13	Thetford to Feltwell	13.25m	1h 51m	8.22mpm

2011	17	Stowbridge to Kings Lynn	11.73m	1h 49m	9.18mpm
14 - Kevin	Carpenter	• • •	1		•
Year	Stage	Start - Finish	Distance	Time	Pace*
2002	14	Feltwell to Southery	7.07m	1h 05m	8.24mpm
2003	16	Downham Market to Stowbridge	5.49m	48min	8.40mpm
45 5 1		3		1	1 11
	<u>+ Tillott -</u>		N: a4	T:	D *
Year	Stage	Start - Finish	Distance	Time	Pace*
2002	15	Southery to Downham Market	6.76m	56min	8.14mpm
2003	17	Stowbridge to Kings Lynn	11.63m	1h 31m	7.43mpm
2004	17	Stowbridge to Kings Lynn	11.63m	1h 30m	7.42mpm
2009	8	Lessingham to Horsey Mill	7.52m	55min	7.21mpm
2010	6	Cromer to Mundesley	7.90m	59min	7.31mpm
2011	6	Cromer to Mundesley	7.90m	60min	7.36mpm
16 - David	Fox				
Year	Stage	Start - Finish	Distance	Time	Pace*
2002	16	Downham Market to Stowbridge	5.49m	47min	8.35mpm
2006	16	Downham Market to Stowbridge	5.49m	49min	8.56mpm
2008	16	Downham Market to Stowbridge	5.49m	50min	9.01m
17 - Chris	Mainwood	,			1 1 1 1 1 1 1 1 1
Year	Stage	Start - Finish	Distance	Time	Pace*
2002	17	Stowbridge to King Lynn	11.73m	1h 45m	8.57mpm
18 - Gavin	Stokes - 9	•	71 - 110		
Year	Stage	Start - Finish	Distance	Time	Pace*
2003	8	Lessingham to Winterton	10.52m	1h 23m	7.51mpm
2004	8	Lessingham to Winterton	10.52m	1h 18m	7.13mpm
2005	4	Wells to Salthouse	12.06m	1h 30m	7.13mpm 7.28mpm
2006	4	Wells to Salthouse	12.76m	1h 36m	7.23mpm 7.31mpm
2008	13	Thetford to Feltwell	13.25m	1h 33m	•
2009	13	Thetford to Feltwell	1	1h 34m	7.03mpm
2010	11		13.25m	1h 54m	7.06mpm
		Bungay to Scole	14.60m		7.47mpm
2011	10	Grt Yarmouth to Bungay	20.06m	2h 45m	8.12mpm
2013	1	Kings Lynn to Hunstanton	16.81m	2h 17m	8.08mpm
<u> 19 - Andy</u>	Wilson				
Year	Stage	Start - Finish	Distance	Time	Pace*
2003	10	Gt Yarmouth to Geldeston	15.08m	1h 45m	6.58mpm
2004	12	Scole to Thetford	17.77m	2h 08m	7.14mpm

2006

7

Mundesley to Lessingham

6.38mpm

1h 01m

9.24m

20 - Michael Delany

Year	Stage	Start - Finish	Distance	Time	Pace*
2003	13	Thetford to Feltwell	13.98m	1h 47m	7.39mpm
2004	4	Wells to Salthouse	12.96m	1h 33m	7.41mpm
2007	15	Wissington to Downham Market	7.20m	46min	6.21mpm
2008	6	Cromer to Mundesley	7.61m	1h 00m	7.41mpm

21 - Sean Thompson - 8years

Year	Stage	Start - Finish	Distance	Time	Pace*		
2003	14	Feltwell to Southery	7.07m	55min	7.12mpm		
2004	13	Thetford to Feltwell	13.98m	1h 45m	7.30mpm		
2005	11	Geldeston to Scole	19.06m	2h 30m	7.40mpm		
2006	11	Geldeston to Scole	19.06m	3h 13m			
2007	7	Mundesley to Lessingham	9.24m	1h 10m	7.32mpm		
2008	5	Salthouse to Cromer	8.61m	1h 11m	8.13mpm		
2009		Support Team - Car Support					
2010		Support Team - Car Support					

22 - Simon Love

Year	Stage	Start - Finish	Distance	Time	Pace*
2003	15	Southery to Downham Market	6.76m	57min	8.25mpm

23 - Steve Lawson 11years

Year	Stage	Start - Finish	Distance	Time	Pace*
2004	7	Mundesley to Lessingham	9.95m	1h 19m	7.57mpm
2005	7	Mundesley to Lessingham	9.95m	1h 20m	8.05mpm
2006	8	Lessingham to Horsey Mill	7.52m	58min	7.48mpm
2007	3	Burnham Overy to Wells	5.39m	45min	8.20mpm
2008	7	Mundesley to Lessingham	9.24m	1h 13m	7.54mpm
2009	6	Cromer to Mundesley	7.86m	1h 03m	8.08mpm
2010	7	Mundesley to Lessingham	9.24m	1h 12m	7.45mpm
2011	7	Mundesley to Lessingham	9.24m	1h 14m	8.03mpm
2012	5	Cley to Cromer	11.14m	1h 40m	9.15mpm
2013	9	Horsey Mill to Great Yarmouth	11.30m	1h 30m	7.57mpm
2014	4	Wells next the Sea to Cley, beach	11.14m	1h 34m	8.24mpm

24 - Stuart McCleod

Year	Stage	Start - Finish	Distance	Time	Pace*
2004	9	Winterton to Great Yarmouth	8.30m	58min	7.04mpm

<u> 25 - Len Kirkby</u>

Year	Stage	Start – Finish	Distance	Time	Pace*
2004	10	Great Yarmouth to Geldeston	15.08m	2h 06m	8.24mpm

26 - Ray Woodruff

Year	Stage	Start - Finish	Distance	Time	Pace*
2004	11	Geldeston to Scole	20.02m	2h 32m	7.32mpm
2005	2	Hunstanton to Burnham Overy	14.06m	1h 41m	7.12mpm

<u> 27 - Emma Hostler</u>

,	Year	Stage	Start – Finish	Distance	Time	Pace*
2	2005	6	Cromer to Mundesley	5.89m	46min	7.47mpm
2	2006	6	Cromer to Mundesley	7.61m	1h 01m	8.01mpm
2	2007	8	Lessingham to Horsey Mill	7.52m	57min	7.31mpm
2	2008	9	Horsey Mill to Great Yarmouth	11.30m	1h 25m	7.30mpm

28 - Stephen Ashurst - 8years

Year	Stage	Start - Finish	Distance	Time	Pace*
2005	8	Lessingham to Winterton	10.52m	1h 17m	7.21mpm
2006	9	Horsey Mill to Great Yarmouth	11.30m	1h 24m	7.28mpm
2007	4	Wells to Salthouse	12.76m	1h 40m	7.49mpm
2008	12	Scole to Thetford	19.67m	2h 34m	7.48mpm
2009	10	Great Yarmouth to Geldeston	15.08m	2h 01m	8.02mpm
2011	11	Bungay to Scole	14.05m	1h 48m	7.25mpm
2012	13	Thetford to Feltwell	13.25m	1h 37m	7.18mpm
2014	13	Thetford to Feltwell	13.25m	1h 40m	7.32mpm

29 <u>- John Brennan</u>

Year	Stage	Start – Finish	Distance	Time	Pace*
2005	9	Winterton to Great Yarmouth	8.30m	1h 06m	7.57mpm

30 - Mark Noble

Year	Stage	Start – Finish	Distance	Time	Pace*
2005	14	Feltwell to Southery	7.70m	1h 00m	7.48mpm

31 - Alan Howie

Year	Stage	Start - Finish	Distance	Time	Pace*
2005	15	Southery to Downham Market	6.76m	54min	7.56mpm
2007	10	Great Yarmouth to Geldeston	15.08m	2h 18m	9.10mpm
2008	14	Feltwell to Wissington	8.80m	1h 16m	8.36mpm

32 - Michelle Prior - 10years

Year	Stage	Start - Finish	Distance	Time	Pace*
2005	16	Downham Market to Stowbridge	5.49m	44min	8.06mpm
2006	10	Great Yarmouth to Geldeston	15.08m	2h 15m	8.56mpm
2007	12	Scole to Thetford	18.37m	2h 39m	8.40mpm
2008	11	Geldeston to Scole	19.60m	2h 48m	8.33mpm

2009	12	Scole to Thetford	19.67m	2h 39m	8.05mpm
2010	2	Hunstanton to Burnham Overy	14.06m	1h 52m	7.56mpm
2011	13	Thetford to Feltwell	13.25m	1h 40m	7.33mpm
2012	1	Kings Lynn to Hunstanton	16.81m	2h 12m	7.50mpm
2013	10	Great Yarmouth to Bungay	20.06m	2h 37m	7.48mpm
2014	17	Stowbridge to Kings Lynn	11.73m	1h 20m	7.20mpm

33 - Anne Kirk - 5years

Year	Stage	Start – Finish	Distance	Time	Pace*
2006	15	Wissington to Downham Market	7.20m	1h 04m	8.49mpm
2007	16	Downham Market to Stowbridge	5.49m	47min	8.42mpm
2012		Support team - cycle cover			
2013		Support team - cycle cover			
2014		Support team - cycle cover			

34 - Rob White - 7years

Year	Stage	Start - Finish	Distance	Time	Pace*
2007	5	Salthouse to Cromer	8.61m	1h 13m	8.28mpm
2008	4	Wells next the Sea to Salthouse	12.76m	1h 47m	8.25mpm
2009	17	Stowbridge to Kings Lynn	11.73m	1h 25m	7.28mpm
2010	5	Cley to Cromer	10.81m	1h 33m	8.40mpm
2011	2	Hunstanton to Burnham Overy	14.06m	1h 54m	8.05mpm
2012	11	Bungay to Scole	14.60m	1h 49m	7.27mpm
2014	1	Kings Lynn to Hunstanton	16.81m	2h 18m	8.13mpm

35 - Sian White - 8years

2007	6	Cromer to Mundesley	7.61m	1h 11m	9.18mpm
2008	8	Lessingham to Horsey Mill	7.52m	1h 04m	8.27mpm
2009	7	Mundesley to Lessingham	9.24m	1h 23m	9.00mpm
2010	8	Lessingham to Horsey Mill	7.52m	1h 04m	8.32mpm
2011	9	Horsey Mill to Great Yarmouth	11.30m	1h 42m	8.59mpm
2012	16	Downham Market to Stowbridge	5.49m	48min	8.39mpm
2013	17	Stowbridge to Kings Lynn	11.73m	1h 47m	8.42mpm
2014	6	Cromer to Mundesley	7.90m	1h 12m	9.05mpm

36 - Simon Mead - 5years

Year	Stage	Start - Finish	Distance	Time	Pace*
2008	1	Kings Lynn to Hunstanton	16.32m	1h 59m	7.19mpm
2009	1	Kings Lynn to Hunstanton	16.32m	1h 52m	6.53mpm
2010	10	Great Yarmouth to Bungay	20.06m	2h 28m	7.22mpm
2011		Cycle escort			
2014	8	Horsey Mill to Fritton	17.86m	1h 53m	6.19mpm

37 - Andrew Brett - 7years

Year	Stage	Start - Finish	Distance	Time	Pace*
2008	17	Stowbridge to Kings Lynn	11.73m	1h 26m	7.21mpm
2009	4	Wells next the Sea to Salthouse	12.85m	1h 33m	7.16mpm
2010	12	Scole to Thetford	19.67m	2h 22m	7.25mpm
2011	1	Kings Lynn to Hunstanton	16.81m	2h 00m	7.06mpm
2012	10	Great Yarmouth to Bungay	20.06m	2h 32m	7.34mpm
2013	2	Hunstanton to Burnham Overy Staite	14.06m	1h 38m	6.56mpm
2014	15	Wissington to Downham Market	10.59m	1h 08m	6.24mpm

38 - Eddie Barrett - 7years

Year	Stage	Start - Finish	Distance	Time	Pace*
*2008	10	Great Yarmouth to Geldeston	15.08m	1h 56m	7.39mpm
2009	9	Horsey Mill to Great Yarmouth	11.30m	1h 25m	7.29mpm
2010	1	Kings Lynn to Hunstanton	16.32m	2h 09m	7.53mpm
2011	14	Feltwell to Wissington	8.80m	1h 12m	8.13mpm
2012	17	Stowbridge to Kings Lynn	11.73m	1h 35m	8.05mpm
2013	7	Mundesley to Lessingham	9.24m	1h 12m	7.49mpm
2014	7	Mundesley to Lessingham	9.24m	1h 17m	8.19mpm

^{*}with Team Fetcheveryone.

39 - Libby Mead

Year	Stage	Start - Finish	Distance	Time	Pace*
2009	16	Downham Market to Stowbridge	5.49m	52min	9.33mpm
2011	16	Downham Market to Stowbridge	5.49m	47min	8.36mpm
2013		Cycle support			

40 - Jennifer Tillott

Year	Stage	Start - Finish	Distance	Time	Pace*
2010	3	Burnham Overy to Wells next the Sea	5.76m	54min	9.24mpm

41 - Samantha Prior 5years

Year	Stage	Start – Finish	Distance	Time	Pace*
2010	14	Feltwell to Wissington	8.80m	1h 32m	10.30mpm
2011	15	Wissington to Downham Market	7.20m	1h 12m	9.57mpm
2012	3	Burnham Overy to Wells next the Sea	5.76m	1h 07m	11.36mpm
2013	3	Burnham Overy to Wells next the Sea	5.76m	1h 02m	10.45mpm
2014	8	Lessigham to Horsey Mill	7.52m	1h 13m	9.44mpm

42 - Carole Spibey 4years

Year	Stage	Start – Finish	Distance	Time	Pace*
2010	16	Downham Market to Stowbridge	5.49m	49min	8.57mpm
2011	5	Burnham Overy to Wells	5.76m	59min	10.17mpm

2012	8	Lessingham to Horsey Mill	7.52m	1h 09m	9.13mpm
2013	16	Downham Market to Stowbridge	5.49m	51min	9.17mpm

43 - Tony Lack 5years

Year	Stage	Start - Finish	Distance	Time	Pace*
2010	17	Stowbridge to Kings Lynn	11.73m	1h 44m	8.50mpm
2011	5	Cley to Cromer	10.81m	1h 57m	10.51mpm
2012		Marshal at Wiverton Hall			
2013	13	Thetford to Feltwell	13.25m	2h 11m	9.54mpm
2014	14	Feltwell to Wissington	7.27m	1h 07m	9.17mpm

44 - Jim Chandler

Year	Stage	Start – Finish	Distance	Time	Pace*
2008		Car Support			
2010	15	Wissington to Downham Market	7.20m	1h 06m	9.05mpm
2011		Car Support			·

45 - Emma Brewer 4years

Year	Stage	Start - Finish	Distance	Time	Pace*
2011	8	Lessingham to Horsey Mill	7.52m	1h 12m	9.31mpm
2012	14	Feltwell to G's Wissington	7.27	1h 09m	9.29mpm
2013	8	Lessingham to Horsey Mill	7.52m	1h 09m	9.09mpm
2014	16	Downham Markey to Stowbridge	5.49m	52min	9.27mpm

46 - Matt Lewis 2years

Year	Stage	Start - Finish	Distance	Time	Pace*
2011	12	Scole to Thetford	19.67m	2h 48m	8.32mpm
2013	12	Scole to Thetford	19.67m	3h 00m	9.09mpm

47 - Darren Paine 2years

Year	Stage	Start - Finish	Distance	Time	Pace*
2012	2	Hunstanton to Burnham Overy	14.06m	1h 49m	7.46mpm
2014	5	Cley, beach to Cromer	10.81m	1h 17m	7.09mpm

48 - Shaun Walton 3 years

Year	Stage	Start - Finish	Distance	Time	Pace*
2012	6	Cromer to Mundesley	7.90m	56min	7.02mpm
2013	11	Bungay to Scole	14.60m	1h 47m	7.17mpm
2014	10	Fritton to Earsham	14.67m	1h 41m	6,53mpm

49 - Louis King

Year	Stage	Start - Finish	Distance	Time	Pace*
2012	9	Horsey Mill to Great Yarmouth	11.30m	1h 24m	7.25mpm

50 - Martin Kirk 4years

Year	Stage	Start - Finish	Distance	Time	Pace*
2010	9	Horsey Mill to Great Yarmouth	11.30m	1h 36m	8.30mpm
2012	15	Wissington to Downham Market	10.59m	1h 29m	8.23mpm
2013	15	Wissington to Downham Market	10.59m	1h 34m	8.53mpm
2014	11	Earsham to Scole	12.45m	1h 54m	9.08mpm

51 - Lisa Marriott 2years

Year	Stage	Start - Finish	Distance	Time	Pace*
2013	5	Cley (beach) to Cromer	10.81m	1h 20m	7,21mpm
2014	2	Hunstanton to Burnham Overy	14.06m	1h 38m	6.59mpm

52 - Ruth Stevens 2 years

Year	Stage	Start - Finish	Distance	Time	Pace*
2013	14	Feltwell to G's Wissington	7.27m	1h 09m	9.31mpm
2014		Support Team			

53 - Richard Stone

Year	Stage	Start – Finish	Distance	Time	Pace*
2014	3	Burnham Overy to Wells next the Sea	5.76m	52min	9.00mpm

54 Beth Curtis

Year	Stage	Start – Finish	Distance	Time	Pace*
2014	12	Scole to Thetford	19.67m	3h 13m	9.48mpm

55 - Adrian Graham - 13years

2002	Team Manager - Cycle Support - Timekeeper
2003	Team Manager - Cycle Support
2004	Team Manager - Cycle Support
2005	Team Manager - Cycle Support
2006	Team Manager - Cycle Support
2007	Team Manager - Cycle Support
2008	Team Manager - Timekeeper
2009	Team Manager - Timekeeper
2010	Team Manager - Timekeeper
2011	Team Manager - Timekeeper
2012	Team Manager - Timekeeper
2013	Team Manager - Timekeeper
2014	Team Manager - Timekeeper

56 - Jenny Johnson - 13years

2002	Car Support
2003	Cycle Support - Car support

2004	Cycle Support - Car support
2005	Cycle Support - Car support
2006	Cycle Support - Car support
2007	Cycle Support - Car support
2008	Cycle Support - Car support
2009	Cycle Support - Car support
2010	Cycle Support - Car support
2011	Car Support - Timekeeper
2012	Car Support - Timekeeper
2013	Car Support - Timekeeper
2014	Car Support - Timekeeper

<u>57- Fred Johnson - 13years</u>

2002	Car Support
2003	Car Support
2004	Car Support
2005	Car Support
2006	Car Support
2007	Car Support
2008	Car Support
2009	Car Support
2010	Car Support
2011	Car Support
2012	Car Support
2013	Car Support
2014	Car Support

58 - Terry Robbins

2002	Car Support - Cycle Support
2003	Car Support - Timekeeper
2004	Car Support
2005	Car Support
2006	Car Support

<u>59 - Steve Robbins</u>

2002	Car Support - Cycle Support
2003	Car Support - Cycle Support
2004	Car Support - Cycle Support
2006	Car Support - Cycle Support

60 - Adam Thompson

2006	Car Support - Cycle Support
2009	Car Support - Cycle Support

61 - Kay Tho	mpson	١
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2007	Car Support
2008	Car Support
2009	Car Support
2010	Car Support

62 - Lee Evenden - 7years

2008	Car Support
2009	Car Support
2010	Car Support
2011	Car Support
2012	Car Support
2013	Car Support

63 - Jo Sidlow

2012	Car Support
2013	Car Support

64 Audrey Smith

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2012	Can Support
2012	Car Support

65 Paul Stevens

2012	Cycle Support
2012	Cycle Support

66 - Paul Brewer

2014	Cycle Support
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67 - Jasmine Evenden

2014 Support Team
