

Abbey 10K Sunday 23 September 2012.

Place	Time	Name	Team	Cat2
1	0:33:33	LUNN, Josh	Nene Valley Harriers	Men S
2	0:33:33	SUMSKIS, Edgars	Nene Valley Harriers	Men S
3	0:33:49	WADELIN, John	Erewash Valley Running Club	Men S
4	0:36:44	HILL, Matt	Peterborough AC	Men S
5	0:37:01	HALL, Steve	Peterborough AC	Men 40 - 44
6	0:37:06	HURST, Daniel	Cambridge and Coleridge AC	Men S
7	0:37:45	RAYMENT, Dave	Werrington Joggers	Men 40 - 44
8	0:37:50	HEMINGWAY, Tom	Riverside Runners	Men S
9	0:38:03	CHURCH, Steven	Hunts Athletics Club	Men 40 - 44
10	0:38:05	SANDERS, Kurt	Riverside Runners	Men S
11	0:38:20	TAYLOR, Philippa	Nene Valley Harriers	Ladies 45 - 49
12	0:38:20	LORNIE, Robert	Nene Valley Harriers	Men S
13	0:38:24	MURPHY, Sean	Werrington Joggers	Men 45 - 49
14	0:39:01	SHERWOOD, Katie	Cambridge and Coleridge AC	Ladies 35 - 39
15	0:39:06	LUCAS, Jeff	Werrington Joggers	Men S
16	0:39:12	BROADHURST, Martin	Un - affiliated	Men 40 - 44
17	0:39:47	KIRWIN, Peter	Eye Community Runners	Men 40 - 44
18	0:39:49	COX, Jon	PACTRAC	Men S
19	0:39:53	HALL, Rodney	Werrington Joggers	Men 45 - 49
20	0:39:55	BURTON, Hugh	Yaxley Runners and Joggers	Men 40 - 44
21	0:39:58	SMITH, Paul	Un - affiliated	Men 40 - 44
22	0:40:07	BRADY, Jason	Un - affiliated	Men 40 - 44
23	0:40:11	WARNE, Barry	Nene Valley Harriers	Men 50 - 54
24	0:40:14	WRIGHT, Alex	Corby Athletic Club	Men 40 - 44
25	0:40:22	SEARLE, Calvin	Werrington Joggers	Men 45 - 49
26	0:40:25	FRYER, Conan	Ely Runners	Men 40 - 44
27	0:40:33	JOY-GOOD, Steve	Yaxley Runners and Joggers	Men S
28	0:40:39	STEVENS, Martin	Werrington Joggers	Men S
29	0:40:40	STOCKER, James	Un - affiliated	Men 60 - 64
30	0:40:44	HAMLIN, Phillip	Werrington Joggers	Men 40 - 44
31	0:40:47	WARD, Peter	Thorney Running Club	Men 45 - 49
32	0:40:49	LINDSAY, Raymond	Norwich Road Runners	Men 55 - 59
33	0:40:51	COOPER, Stephanie	Werrington Joggers	Ladies S
34	0:40:52	VALLANCE, Ian	Yaxley Runners and Joggers	Men S
35	0:40:56	BRANAGHAN, Simon	Werrington Joggers	Men S
36	0:41:05	HUCKLE, Julian	Werrington Joggers	Men 50 - 54
37	0:41:15	HAZLEHURST, Mark	Yaxley Runners and Joggers	Men 55 - 59
38	0:41:23	COWLING, Andy	Thorney Running Club	Men 55 - 59
39	0:41:25	ALLEN, Reg	Thorney Running Club	Men 55 - 59
40	0:41:37	GRANT, Jim	Yaxley Runners and Joggers	Men 55 - 59
41	0:41:38	HEMINGWAY, Maurice	Riverside Runners	Men 55 - 59
42	0:41:42	JACKSON, Duncan	Yaxley Runners and Joggers	Men S
43	0:41:49	WRIGHT, Catherine	Corby Athletic Club	Ladies 55 - 59
44	0:41:50	KIRBY-COOK, Tony	Ely Runners	Men 45 - 49
45	0:41:52	REDMAN, James	Un - affiliated	Men S
46	0:41:58	MYLAND, Paul	Werrington Joggers	Men 40 - 44
47	0:42:04	GOOD, Al	Yaxley Runners and Joggers	Men 55 - 59
48	0:42:09	CUTHBERT, Ben	Un - affiliated	Men S
49	0:42:14	BEDINGFIELD, Karl	Ely Runners	Men 45 - 49
50	0:42:37	HULL, David	Werrington Joggers	Men 50 - 54
51	0:42:43	BASON, Neil	Yaxley Runners and Joggers	Men 60 - 64
52	0:42:55	BRACKLEY, Colin	Un - affiliated	Men S
53	0:43:04	MCNICOLL, Steve	BRJ Run and Tri	Men 50 - 54
54	0:43:12	HALL, Andrew	Werrington Joggers	Men 45 - 49
55	0:43:15	SMITH, Lewis	Un - affiliated	Men S
56	0:43:21	HUNT, Tim	Nene Valley Harriers	Men 45 - 49
57	0:43:41	GRANT, Chris	Un - affiliated	Men 50 - 54

58	0:43:43	GILBEY, Simon	Werrington Joggers	Men 45 - 49
59	0:44:15	WAITE, Daniel	Ely Runners	Men S
60	0:44:17	BALL, Jack	Un - affiliated	Men S
61	0:44:20	HEYES, Richard	Hunts Athletics Club	Men 45 - 49
62	0:44:26	SMITH, Lionel	Ely Runners	Men 55 - 59
63	0:44:32	KAY, Nick	Un - affiliated	Men S
64	0:44:41	SHORT, Andy	Eye Community Runners	Men 45 - 49
65	0:44:44	GEARING, Cy	BRJ Runners	Men 40 - 44
66	0:44:45	MOAT, Terry	Un - affiliated	Men 45 - 49
67	0:44:50	MOAT, Darren	March Athletics Club	Men 40 - 44
68	0:45:03	PIERCY, Claire	Yaxley Runners and Joggers	Ladies 40 - 44
69	0:45:06	WALDEN, Geoff	Werrington Joggers	Men 55 - 59
70	0:45:08	HOWES, Geoff	Thorney Running Club	Men 55 - 59
71	0:45:13	HAMILTON, Iain	Un - affiliated	Men S
72	0:45:25	CONDON, Alan	Bushfield Joggers	Men S
73	0:45:26	REDFURD, Mark	Bushfield Joggers	Men S
74	0:45:31	NASH, Matthew	Un - affiliated	Men S
75	0:45:43	HANKINS, Michael John	Un - affiliated	Men 55 - 59
76	0:45:46	THOMAS, John	Corby Athletic Club	Men 70+
77	0:45:53	MARSHALL, Ian	Bedford Harriers	Men 40 - 44
78	0:45:57	DOUGLAS, Craig	Un - affiliated	Men S
79	0:46:03	HARLOW, Sue	Yaxley Runners and Joggers	Ladies 35 - 39
80	0:46:05	FISHER, Melanie	Ely Runners	Ladies S
81	0:46:06	HARRIS, Peter	Ely Runners	Men 60 - 64
82	0:46:13	DICKINSON, Mark	BRJ Runners	Men 50 - 54
83	0:46:49	PALMER, John	Un - affiliated	Men 45 - 49
84	0:46:57	JEPHCOTT, Paul	Bushfield Joggers	Men 55 - 59
85	0:47:09	WARD, Christopher	Riverside Runners	Men S
86	0:47:11	HANKINS, James	Un - affiliated	Men S
87	0:47:12	COLES, Robert	Yaxley Runners and Joggers	Men 45 - 49
88	0:47:14	KELLY, Stephen	Un - affiliated	Men 45 - 49
89	0:47:16	SACKS, Tim	Un - affiliated	Men 40 - 44
90	0:47:22	MARSHALL, Christina	Hunts Athletics Club	Ladies S
91	0:47:30	LOUTIT, Roslyn	Yaxley Runners and Joggers	Lady 45 - 49
92	0:47:38	LANCASTER, Jordan	March Athletics Club	Men S
93	0:47:39	GREENFIELD, Roger	Un - affiliated	Men 40 - 44
94	0:47:47	STAFFORD, Jane	Norwich Road Runners	Ladies 45 - 49
95	0:47:49	HARLOCK, Chris	Un - affiliated	Men S
96	0:47:50	THOMPSON, Jill	Werrington Joggers	Ladies 40 - 44
97	0:47:55	FENNESSY, Paul	Un - affiliated	Men 45 - 49
98	0:47:57	BRADFORD, James	Un - affiliated	Men S
99	0:47:58	ATHERFOLD, Paul	Yaxley Runners and Joggers	Men 40 - 44
100	0:48:02	RODEN, Andrew	Un - affiliated	Men 45 - 49
101	0:48:05	LITTLEMORE, Martin	March Athletics Club	Men 45 - 49
102	0:48:13	IRWINE, Carly	Un - affiliated	Ladies S
103	0:48:14	BATSON, Anthony	Un - affiliated	Men 40 - 44
104	0:48:29	FELL, Jim	Werrington Joggers	Men 65 - 69
105	0:48:29	PERRETT, Julie	Chorlton Runners	Ladies 40 - 44
106	0:48:32	BLAKE, Louise	Nene Valley Harriers	Ladies 35 - 39
107	0:48:39	SHARPE, Richard	Thorney Running Club	Men 45 - 49
108	0:48:42	COOK, Graham	Werrington Joggers	Men S
109	0:48:52	EALES, John	Ultramarathon Running Club	Men 45 - 49
110	0:48:52	TIMMS, Nikki	Yaxley Runners and Joggers	Ladies 35 - 39
111	0:48:53	STARR, Steve	Ely Runners	Men 45 - 49
112	0:48:59	COLES, Lesley	Yaxley Runners and Joggers	Ladies 40 - 44
113	0:49:14	SHARON, Hall	Werrington Joggers	Ladies 40 - 44
114	0:49:21	BURGIN, Katy	Un - affiliated	Ladies S
115	0:49:30	EVANS, Emma	Riverside Runners	Ladies S
116	0:49:33	LLOYD, Sylvia	Un - affiliated	Ladies S
117	0:49:37	PENNINGTON, Gordon	Un - affiliated	Men S
118	0:50:04	COX, Mel	Thorney Running Club	Men 50 - 54

119	0:50:09	HETHERINGTON, Mike	Un - affiliated	Men S
120	0:50:16	NORMAN, Gary	Thorney Running Club	Men 50 - 54
121	0:50:24	HOWARD, Lorraine	Yaxley Runners and Joggers	Ladies 35 - 39
122	0:50:53	STAINES, Mick	Un - affiliated	Men 65 - 69
123	0:50:55	PATEL, Nilesh	Bushfield Joggers	Men S
124	0:50:56	FEE, Deirdre	Werrington Joggers	Ladies 50 - 54
125	0:51:11	WHITTAKER, Sean	Bushfield Joggers	Men 45 - 49
126	0:51:15	MORRIS, Edward	The Running Club	Men 70+
127	0:51:17	WANDEN, Sarah	Bedford Harriers	Ladies 40 - 44
128	0:51:35	HEWSON, Claire	Un - affiliated	Ladies 35 - 39
129	0:51:46	ROLAND, Amanda	BRJ Run and Tri	Ladies 35 - 39
130	0:51:59	STEVENS, Paul	Un - affiliated	Men S
131	0:52:01	MANN, Yvonne	Bushfield Joggers	Ladies 60 - 64
132	0:52:02	DICKENS, Tom	Un - affiliated	Men 45 - 49
133	0:52:04	WHITTAKER, Elizabeth	Bushfield Joggers	Ladies 55 - 59
134	0:52:19	TURNER, Sonja	Werrington Joggers	Ladies 50 - 54
135	0:52:32	MCPHERSON, Craig	Hunts Athletics Club	Men S
136	0:52:32	BOWEN, Frannii	Un - affiliated	Ladies S
137	0:52:39	POPPEL, Kenneth	Werrington Joggers	Men 70+
138	0:52:53	STREETON, Gemma	Werrington Joggers	Ladies S
139	0:52:55	WALTERS, Christine	Un - affiliated	Ladies 45 - 49
140	0:53:02	BEEVOR, Ian	Un - affiliated	Men 40 - 44
141	0:53:03	NEWTON, Annette	BRJ Run and Tri	Ladies 60 - 64
142	0:53:07	STOCKHAM, Helen	Werrington Joggers	Ladies S
143	0:53:13	SCRIVENER, Fay	March Athletics Club	Ladies 40 - 44
144	0:53:16	AMBROSE, Adam	Un - affiliated	Men 45 - 49
145	0:53:22	CLARKE, Barry	Nene Valley Harriers	Men 65 - 69
146	0:53:25	COOK, Tim	Werrington Joggers	Men 50 - 54
147	0:53:29	ROWLAND-HALL, Neil	Un - affiliated	Men 55 - 59
148	0:53:30	HUNT, Catherine	PACTRAC	Ladies 40 - 44
149	0:53:37	GUEST, Ian	Un - affiliated	Men 40 - 44
150	0:53:50	EVANS, Sharon	Riverside Runners	Ladies 40 - 44
151	0:54:20	GERMANY, Mark	Un - affiliated	Men S
152	0:54:28	FORT, Simon	Un - affiliated	Men 40 - 44
153	0:54:44	NEWTON, Louise	Bearbrook Running Club	Ladies S
154	0:54:44	DIVER, Shirley	Werrington Joggers	Ladies 55 - 59
155	0:55:12	FEE, Amanda	BRJ Runners	Ladies 40 - 44
156	0:55:16	FRISBY, Ian	Thorney Running Club	Men 50 - 54
157	0:55:29	DAVYS, Sue	Bushfield Joggers	Ladies 50 - 54
158	0:55:32	STEVENS, Ruth	Un - affiliated	Ladies 35 - 39
159	0:55:33	BROWN, Sam	BRJ Runners	Ladies 40 - 44
160	0:55:41	SEWARD, Michelle	March Athletics Club	Ladies 40 - 44
161	0:55:59	CARTER, Rob	Un - affiliated	Men 45 - 49
162	0:56:10	OTTO, Petra	Thorney Running Club	Ladies 60 - 64
163	0:56:31	GREENCOAY, Tanya	Werrington Joggers	Ladies 45 - 49
164	0:56:33	MORRIS, Keith	Un - affiliated	Men 50 - 54
165	0:56:38	WADELIN, Frances	Erewash Valley Running Club	Ladies 35 - 39
166	0:56:39	NORMAN, Julie	Un - affiliated	Ladies 40 - 44
167	0:56:53	BEECHER, Natalie	BRJ Run and Tri	Ladies S
168	0:57:47	ARCHER, Brian	Un - affiliated	Men S
169	0:58:19	FRANCE, Heidi	Un - affiliated	Ladies S
170	0:58:26	HALL, Trudi	Werrington Joggers	Ladies 40 - 44
171	0:59:02	ARCHER, Deborah	Un - affiliated	Ladies 35 - 39
172	0:59:08	SHERRATT, Lucy	Un - affiliated	Ladies S
173	0:59:08	WILLIAMS, Janice	Werrington Joggers	Ladies 50 - 54
174	0:59:09	JEYES, Joy	Werrington Joggers	Ladies 50 - 54
175	0:59:37	HARRIS, Trish	Un - affiliated	Ladies 45 - 49
176	1:00:02	MODI, Anil	Werrington Joggers	Men 45 - 49
177	1:00:09	STEWART, Michael	Un - affiliated	Men S
178	1:00:18	PARK, Laura	Un - affiliated	Ladies S
179	1:00:28	PAYNER, Steve	Un - affiliated	Men 40 - 44

180	1:00:28	TRENGOVE, Martin	Un - affiliated	Men S
181	1:00:52	DEKKER, Debbie	Un - affiliated	Ladies 40 - 44
182	1:00:53	BAILEY, Andrew	Fleckney & Kibworth AC	Men 55 - 59
183	1:00:55	DIVER, William	Werrington Joggers	Men 55 - 59
184	1:00:57	BARKER, Michael	Yaxley Runners and Joggers	Men 70+
185	1:01:40	LORD, Victoria	Un - affiliated	Ladies S
186	1:01:46	GUNN, Barbara	Bushfield Joggers	Ladies 45 - 49
187	1:01:50	SEWARD, Lavinia	March Athletics Club	Ladies 65+
188	1:01:54	MIDDLEHURST, Clare	BRJ Run and Tri	Ladies S
189	1:01:54	JENNINGS, Tracey	BRJ Run and Tri	Ladies 45 - 49
190	1:02:04	COUPE, Helen	Un - affiliated	Ladies 40 - 44
191	1:02:35	FOWLER, Melanie	BRJ Runners	Ladies 40 - 44
192	1:04:50	TURNER, Jayne	Werrington Joggers	Ladies 40 - 44
193	1:07:31	HALL, Suzie	BRJ Run and Tri	Ladies S
194	1:07:46	HAWKINS, Steph	Un - affiliated	Ladies S
195	1:07:47	HAWKINS, Syndi	Un - affiliated	Ladies 45 - 49
196	1:08:02	WATTIEZ, Annoushka	Un - affiliated	Ladies S
197	1:08:03	LINGHAM, Andy	Un - affiliated	Men S
198	1:08:18	FOX, Chellie	Un - affiliated	Ladies 40 - 44
199	1:08:19	JEYES, Eric	Werrington Joggers	Men 55 - 59
200	1:08:42	DEATON, Arthur	Werrington Joggers	Men 70+
201	1:10:05	HOLMES, Gillian	Thorney Running Club	Ladies 55 - 59